Mennonite College of Nursing at Illinois State University  
Tentative Transcultural Trip Information-Summer 2010

The Children’s Wellness Center, Austin, Texas =1 week option (Arrive Sunday, 5/9/10-Leave Saturday, 5/15/10)

- Fly into Austin, Texas
- Share cost of rental van between all participants
- Hotel info (La Quinta Inn=share room with 2-3 other students/approx. cost $300 per person for the week) Room includes breakfast buffet; hotel has workout room and outdoor pool
- Clinical at The Children’s Wellness Center in Del Valley-one of the poorest areas in Texas. Work 5 days in clinic (8-5pm)
- Airfare approx. $250-300
- Student responsible for own food costs and extra spending money
- During free time: outlet mall shopping, visit UT campus, downtown Austin or San Antonio

Texas cost (estimated):
- $300 (airfare)
- $200 (food @$25/dayx8)
- $300 (housing at 3-4 people/room)
- $90 (van rental cost shared)
- $300 (administrative fees-MCN)
- $534 (3 credit hr and fees)

Total= $1,824 (does not include spending money or changes that may occur based on economy)

Frontier Nursing School, Kentucky=1 week option (Arrive Sunday, 5/9/10-Leave Saturday, 5/15/10) maybe also have 2nd week option (Arrive 5/16/10-Depart Saturday, 5/22/10)

- Transportation (you may either fly or drive to this location)- if you fly, you will fly into Lexington, KY. If you drive, it is approx. a 7 hour drive. It is helpful to have a car to get around in after arriving there.
- You will primarily work in 4 different clinics and 1 hospital. You will work 5 days that week.
- Your host (Linda Aherns, FNP) will assist in transporting you from the school to the clinics.
- Housing-Hagan Dorm (nice, 3-story building with full kitchen, living room, and bedrooms). There is a library on site with internet connection. Dorm located on the mountain behind the school.
- Food-students purchase their own food most years. This past summer (2008) breakfast and dinner was included in the cost of the dorm housing. There is a Wal-Mart about 15 minutes away.
- During free time-you can go walking, rent movies or attend the theater

Kentucky cost (estimate):
- $215 (airfare/driving would be about $100 gas/person)
- $43 (van rental divided/person)
- $210 (housing-35/dayx6)
- $50 (food during traveling and lunches)
- $300 (Administrative fees-MCN)
- $534 (3 credit hr & fees)

Total= $1452 (cost would be less if you drove and split cost with peers)
Chicago=1 week option (Arrive Sunday, 5/9/10-leave Saturday, 5/15/10)

- Arrive in Little Village area hotel on Sunday late afternoon to connect with faculty
- You will work in either a Hispanic clinic, High School Clinic setting, or in a local hospital for most of the week. Your setting may vary from day to day in order to get a better feel for the community you are working in.
- Tours of the community, Hispanic Museum, and various clinics and hospitals will be conducted
- Interesting evening activities will also be scheduled a few times during the week
- Housing will probably be at a local hotel in which students will stay approx. 3-4 to a room
- Students are responsible for their own food and transportation costs also.

Chicago (estimated costs):

- $75 (transportation there and gas money)
- $200 (housing estimated if 4 students/room)
- $125 (Approx. $25/day for 5 days for food)
- $300 (Admin. Fee)
- $534 (estimated 3 Credit hr. plus fees)

Total= $1234 (does not include spending money or charges that may occur due to economy)

England=2 week option (Arrive Sunday, 5/9/10-Leave Saturday, 5/22/10) This time frame may vary a bit but for those interested students, we will let you know the exact times by mid-October or sooner.

- Fly to Gatwick (much easier than flying into London Heathrow)
- Stay in nursing dorm, 4 rooms in a flat along with a T.V. room, kitchen, and bathroom
- Bring alarm clocks and adaptors for outlets; bring spending money and money for food and train fare. Exchange rate is still fairly high. Bring warmer clothes for cool weather and comfortable walking shoes.
- Work daily -0700-1500
- Free time in evenings-may want to travel on train to London for weekend

England cost (estimate):

- $800-1500 (depends on deals you may get)
- $80 (train fees)
- $400 (housing estimate for 2 weeks)
- $560 (food estimate for 2 weeks)
- $300 (Administrative fees-MCN)
- $369 (ISO fee=$150; Admin. Fee=$100; passport=$97; International Student ID Card=$22)
- $356 (2 credit hr & fees)

Total= $2990 (using airfare of $800 and not including exchange rate variances or spending money)
Vladimir, Russia=2 week option (Sunday, 5/9/10-Leave Saturday, 5/22/10)

- Tickets will be arranged to coincide with your accompanying faculty member’s flight times
- Transportation once in Moscow will be provided by our hosts from the Vladimir Medical College
- Time there will include hospital and clinic tours, clinical time with Russian student nurses and nurses, and cultural site tours
- You will stay with a host family who may know little or no English

Russia Cost (estimate):

- $1200 (flight direct from Chicago to Vladimir)
- $ 400 (housing-estimated)
- $ 300 (extra food costs)
- $ 300 (Administrative fees-MCN)
- $369 (ISO fee=$150; Admin. Fee=$100; passport=$97; International Student ID Card=$22)
- $356 (2 credit hr & fees)

Total= $2925 (not including exchange rate variances or spending money)
In order to participate in a Transcultural Nursing Elective, as arranged by the Mennonite College of Nursing Coordinator of Transcultural Nursing Initiatives, all students must adhere to the following guidelines:

1. To apply for a transcultural nursing trip, students must have successfully completed a minimum of 16 hrs at MCN or another nursing school from which he or she has been approved for having successfully completed transfer nursing credits. If a student has failed any course during the semester prior to participation in the designated experience, he or she will need to schedule an appointment with the Coordinator to discuss whether or not the student will still be eligible for travel. Please note that transcultural trips are competitive, and in the event that student interest in transcultural trips exceeds the number of transcultural sites, information from the Application Form will help us prioritize (promptness and completeness of application, fees turned in with application, 350 word essay following criteria, community and student activities, and strong GPA).

2. Students must submit a Transcultural Nursing Application to the Coordinator (Dr. Karrie Ingalsbe) by the due date.

3. Students will agree to participate in the August Transcultural Nursing Orientation for 1 hour during “Orientation Day” with the purpose of introducing the Transcultural Nursing Elective Option to the incoming MCN students.

4. Students will be required to send in a non-refundable Administrative Fee ($300) with their application to secure their transcultural trip.

5. Students will register for either N312 (Domestic trip) or NUR 313 (International trip) after the appropriate override has been given, and they will complete all assigned coursework/orientations associated with this 3 credit hour course.

6. **Applications are due no later than Monday, Sept. 21, 2009 to receive full consideration. Students will receive confirmation about their application by October 2, 2009 so they may register for N237 in the Spring semester.**