



Fall 2005 events

The following are events we are working on for the fall semester. More information about the tentative events will be forthcoming.

Friday, August 26

MNAO will sponsor a bus trip to the Museum of Science and Industry in Chicago to view the BodyWorlds exhibit. See page 5 for details.

Thursday, September 22

Nursing Leadership Conference will be held in the Ballroom at the Bone Student Center.

Saturday, October 1

Alzheimer's Association Memory Walk

Friday, October 7 and Saturday, October 8

Homecoming! See page 15 for details.

Sunday, October 23

XiPi Chapter, STTI induction

Thursday, December 8

Holiday open house at the Ewing Cultural Center.

The Flame

MENNONITE COLLEGE OF NURSING AT ILLINOIS STATE UNIVERSITY

SUMMER 2005

Mennonite alumna leaves gift to the college

By Jennifer Gallucci

"I watched the nurses as they cared for me when I had my appendix taken out. Nursing was something that immediately appealed to me," said Lois Kaufmann '39.

Kaufmann grew up in a large family and was the oldest female. Her father would always send those in her family who had injuries or illnesses to her so she could care for them. Her father would tell her that she would make a great nurse. Kaufmann's father was a huge influence on her career choice and encouraged her to attend the Mennonite College of Nursing (MCN).

Kaufmann said, "From working in many areas, I often found myself looking back at my training from Mennonite and finding myself filled with happiness because I learned how to gain my patients' trust and make them comfortable."

Nearly 90 years old and living in Boca Raton, Florida, Kaufmann has decided to make a bequest to Illinois State's Mennonite College of Nursing. "I am familiar with Mennonite's background," Kaufmann said, "and I know that Mennonite is known for training nurses and I can relate to the people in the program. I know that they are honest, hard-working (students). I would like to see my gift go to students who do not have much money and can use my donation to help them through the nursing program."

Kaufmann's contribution is a planned gift, where she is earmarking a portion of her estate to the University. Planned gifts involve making allocations of assets among family members, charities, and other organizations.

Dean Nancy Ridenour of the Mennonite College of Nursing appreciates the importance of planned gifts. "Planned gifts enable the college to innovate and do important tasks with students to help improve health care. Planned gifts allow the college to have the latest technology and lab equipment for students. With the help of planned gifts the college recruits the best faculty as well as the brightest students," Ridenour said.

Kaufmann knows from personal experience how gifts help students. "Nursing was important to me because it was a way to help others and it was some-

thing that I could afford. There were stipends given to me through the nursing program. The nursing program was a way for me to get out and see what opportunities were out there," she said.

Kaufmann was a well-rounded nurse. She spent several years supervising the women's clinic at Cook County Hospital in Chicago. She also worked in the orthopedics department. When one of the doctors built a new X-ray department at Cook County Hospital he asked Kaufmann if she would work in the department. She took two courses to become a certified X-ray technician. Kaufmann later worked in oncology at Cook County Hospital, where she helped patients complete therapy.

In June 1973, Kaufmann moved to Florida to "retire" and work in a hospital emergency room. Kaufmann retired again after working in hospice for several years.

"I wanted to give my heart to the patients," Kaufmann said. "I worked in so many areas because I wanted to see what each department was like," she said. "Working in different areas, especially X-ray, I

continued on next page



Above, President Al Bowman and Lois Kaufmann '39

Below, Class of 1939



Mennonite College of Nursing
Campus Box 5810
Normal, IL 61790-5810



Dean's message

I am thrilled to share with you the many wonderful things happening at the college. Our faculty are doing outstanding work. Please be sure to read

through the faculty accomplishments section in this issue. Congratulations to all for your wonderful work.

The Joe Warner Teaching Nursing Home (JWTNH) Project programming continues to attract quality students and a national reputation. The very first Long Term Care Career Fair was an unqualified

success. More than 30 vendors interacted with nursing students from Illinois Wesleyan, Heartland Community College, and Mennonite College of Nursing. The afternoon discussions were led by experts in long term care. On April 14, the XiPi Chapter of Sigma Theta Tau International (STTI) co-sponsored, with JWTNH, Professor Jill Scott-Cawiezell, who spoke on leadership in long term care. We are very proud and excited with the wonderful things happening in the college related to our goal of learning to care for the older adult.

In the face of diminishing state funding, it is very gratifying to know that our donors have stepped up to the plate to help us continue to produce outstand-

ing nurses. The scholarship luncheon celebrates our wonderful students and our very special donors. Our feature article is on alumna Lois Kaufmann, Class of 1939. This article talks about why she included Mennonite College of Nursing in her will. Thanks to everyone who helps us to make this college so great.

Remember SimMan, our state-of-the-art simulation robot? Well, SimBaby was born in March. We are in the process of raising funds to purchase our very own SimBaby! We are working with two consultants to assist us in long-range planning for the technological needs of the future. Human resources are needed to make sure that technology continues to support our work in producing the preferred graduate.

Congratulations to our new graduates! We welcome you to a very special group of alumni! Mark your calendars for October 7-8, 2005, for Homecoming. We love to see you!

The college and XiPi Chapter of STTI are co-sponsoring the Alzheimer's Association Memory Walk on October 1, 2005. Please join our team!



Nancy Ridenour
Telephone: (309) 438-2174
E-mail: nriden@ilstu.edu

Lois Kaufmann continued

found to be rewarding because I got to help doctors and patients." She said that her greatest accomplishments as a nurse were giving her patients a sense of security and knowing that her patients had confidence in her.

Commenting on the importance of planned giving, Illinois State University President Al Bowman said, "Planned gift-giving allows individuals to have an impact on society in a manner that is consistent with their goals and values.

"Planned giving allows individuals the opportunity to invest in the future—gifts are aimed at activities that support students and provide opportunities," he said. "Lois Kaufmann's gift adds to the culture of phi-

lanthropy on campus. That culture of giving is an important seed that will benefit the University."

There are several ways to make a planned gift to the University. "The most common way is to include the organization in your will. Another way is to buy life insurance and name the institution as the beneficiary," explained Bowman.

"As alumni from Illinois State learn about what their fellow classmates are doing, this helps develop ideas for their own estate planning," Bowman said.

For information on planned giving, contact MCN Director of Development Jenny Ward at (309) 438-7178 or jsward@ilstu.edu.

Joe Warner Teaching Nursing Home highlights

By Pat Malik, Ph.D., CTRS, Project Coordinator

There has been much activity on the Joe Warner Teaching Nursing Home (JWTNH) Project since September 2004. The following is a highlight of a few project accomplishments to date.

- Bonnie Schmid, advanced practice nurse for the project, has spent time with the nurse liaisons from each of the Heritage Manor "sister" nursing homes determining the educational needs of each facility. She has conducted in-service sessions on a variety of topics, including—but not limited to—multiple sclerosis, dehydration, and end stage renal disease. In addition, she has worked side by side mentoring nursing staff while they care for the older adults in their care.
- MCN faculty Mary Dyck has worked with Bonnie Schmid in identifying educational resources for the Heritage Manor "sister" nursing homes and MCN. Some of the resources purchased include the pain management in older adults toolkit, the validation training program, evidence-based practice protocols from the University of Iowa Gerontological Nursing Intervention Research Center, culture change kits, and a series of books and tapes on creating successful dementia care settings.
- Two undergraduate students, Katie Lantgen and Amy Green, attended the National Gerontological Nursing Association National Convention in Las Vegas, Nevada. They were mentored while at the conference by MCN faculty Camille Little and Dianne Clemens.
- Bonnie Schmid, advanced practice nurse, and graduate student Charlene Aaron attended the Gerontological Society of America National Conference in Washington, D.C. Bonnie brought back a variety of resources to share with the Heritage nurse liaisons.
- A project Web site has been developed. Check out www.mcn.ilstu.edu/heritage.
- On Tuesday March 29, 2005, the Long-term Care Career Fair and professional presentations were held. There were 29 long-term care exhibitors, three seminar speakers, and approximately 150 nursing students.
- On Thursday April 14, 2005, Jill Scott-Cawiezell, Ph.D., was a featured speaker at the Xi Pi Chapter Research Day, where interactive video was used at Normal Heritage Manor Nursing Home to view her presentation on technology and medication errors in nursing homes. She was also the JWTNH Project national speaker. In the evening, she presented at Capen Auditorium on "Nursing Leadership: Creating and Sustaining Quality Improvement in Nursing Homes."
- In April, five graduate nursing students and three undergraduate nursing students attended the 12th National Evidence Based Practice Conference in Iowa.

More activities are being planned, and more information will be coming. The project staff and project task force look forward to sharing information and getting feedback from all of you regarding the project activities.

For more information about the Joe Warner Teaching Nursing Home Project, please contact

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Illinois State University
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Visit the Mennonite Nurses
Alumni Organization Web site at
www.illinoisstatealumni.org



Photos: JWTNH Long Term Care Career Fair.
Above: Jill Scott-Cawiezell, Ph.D., RN



2005 scholarship luncheon



On March 31, 2005, Mennonite College of Nursing held a scholarship luncheon for donors and their student recipients. Sixteen scholarship donors and their student recipients attended the luncheon. President Al Bowman thanked all of the donors for their continued support of Mennonite College of Nursing and nursing students.



For more information about MCN private scholarships, please visit the following Web site: www.mcn.ilstu.edu/fin_aid/

Mennonite College of Nursing awarded the following scholarships for the 2004-05 academic school year:

MCN Alumni Scholarship

Jessica Bimm
Katie Faragher
Monika Hall
Trisha McKinnie
Ann Perry
Megan Thompson

Jeanette Gorecki Scholarship

Cindy Piercy

Curtis Griggs and William Morlan Scholarship

Heather Conran

Richard and Julia Johnson Scholarship

Lindsey Hunt

Joslin Scholarship

Melissa McDonough

Anna Ropp Scholarship

Natalie Morgan

Roy Schilling Scholarship

Janis Jones

Jesse and Louise Schmied Scholarship

Megan Goetting

LaRue Sloan Scholarship

Lauren Park

Vivian O. Stockdale Nursing Scholarship

Ann Yording

Marie Yoder Academic Scholarship

Jennifer Mathre

2005 candidates for Baccalaureate of Science in Nursing (B.S.N.) degree

Prelicensure candidates

Arminda Albert
Stephanie Ambrose
Kathryn Anton
Sarah Applehoff
Lindsey Bailey
Heather Beck
Shannon Buzan
Dachelle Chamberlain
Anna Cluver
Jessica Coffman
Heather Conran
Amanda Crader
Carolyn Devine
Amy Dian
Katie Faragher
Katherine Feid
Laura Fisher
Jennifer Foster
Stephanie Furry
Jamie Garrett
Jessica Goldfarb
Erin Goryl
Carri Grennan
Marie Gubbels
Monika Hall
Kaylee Harrell
Megan Harrington
Lindsey Harris
Ashleigh Hartmann
Andrea Hovis
Shellie Hurie
Jessica Johnson
Leslie Johnson
Janis Jones
Cheryl Keller
Christine Kelly
Kate Kinzer

LaRue Sloan Scholarship

LaRue Augspurger Sloan was born November 5, 1904. She was the oldest of nine children who were raised on a working farm in Pulaski, Iowa. After high school, LaRue became a teacher in Iowa. She enrolled at the Mennonite School of Nursing and graduated in 1928. After graduation, she became a surgical nurse at Mennonite Hospital in Bloomington. In 1931, she married Dr. Guy Sloan, and they raised two children. LaRue passed away in 2002 at the age of 97.



Left to right: LaRue Sloan Scholarship recipient Lauren Park; Daniel Deneen and Jean Deneen

The purpose of the LaRue Sloan Scholarship Fund is to provide financial assistance to one or more Mennonite College of Nursing students, preferably from a rural background, who have committed themselves to obtaining a degree in nursing, demonstrated strong academic achievement, and participated in community service.

The LaRue Sloan Scholarship is an "open fund" that may be increased at any time through additional gifts. If you would like more information on planned giving, please contact Jenny Ward, director of development, at (309) 438-7178 or jsward@ilstu.edu.

LaRue Augspurger Sloan's diary

Mr. Daniel Deneen, grandson of LaRue Sloan, contacted Dean Nancy Ridenour about his grandmother's diary. He thought the college would like to make a copy for their records. Sloan began writing her diary in 1925 from a suggestion by her surgical supervisor, Miss Ruth Lee Shoemaker. In the introduction, Sloan wrote, "My reasons for desiring a book of this sort are many. We had no year book and I wanted a place to record various happenings, and I want a permanent record so that my grandchildren may have amusement in the years to come."

Sloan's diary is displayed proudly in Edwards Hall. From Sloan's day-to-day activities, pictures, and clippings from newspapers to mementoes that she displayed in her diary, it is a treasure and inspiration. Sloan dedicated this book to "my red-headed grandchildren."



LaRue Augspurger Sloan, Class of 1928

Bus trip to BodyWorlds Exhibit at the Museum of Science and Industry, Chicago

The Mennonite Nurses Alumni Organization is pleased to offer this incredible experience to visit the *Body Worlds* exhibit at the Museum of Science and Industry (MSI)! This package includes a group showing of the Omnimax movie, *The Human Body*.

Bus participants will have the option of either staying at the MSI for lunch to visit other exhibits or being bused to Water Tower Place for lunch and shopping. Those who live in the Chicagoland area or who wish to drive may join the group at the MSI for the exhibit and movie with the group. Space is limited, and tickets will be sold in order of request received. Registered participants will receive a confirmation letter. Maximum order will be four tickets per person.

To access the brochure or to register on-line, please visit www.IllinoisState.edu/alumni/events.shtml. The deadline for registration is Monday, August 1, 2005. For more information about MSI and *Body Worlds*, visit the following Web sites: www.msichicago.org and www.bodyworlds.com.

Katy Koritz
Kristin Korandi
Kimberly Koski
Elizabeth Kostecki
Courtney Kronforst
Kristin Kudrick
Erica Kunz
Katie Lantgen
Starlyn Legaspi
Leigh Lucas
Sarah Luzwick
Michelle March
Rachel Marrs
Jennifer Mathre
Molly McCain
Melissa McDonough
Laura Medanic
Alvin Medina
Carolyn Michaels
Sara Miles
Erin Moran
Susan Moore
Natalie Morelock
Tonya Motley
Jessica Mueller
Katie Murphy
Kelly Novak
Whitney Payne
Lindsay Payton
Nicole Pecoraro
Ann Perry
Cindy Piercy
Laurie Poplawski
Kristin Remmers
Cathleen Ryan
Christine Ryan
Ryan Schneider
Julie Scott
Kristine Senger
Amina Sharma
Maureen Shula

Marion McDowell Stafford Lectureship Series in Child and Family Health

The Marion McDowell Stafford Lectureship Series in Child and Family Health was established in the fall of 2002 by a grant from the Marion McDowell Stafford Charitable Trust Grant Program. Each year, Mennonite College of Nursing at Illinois State University hosts a lectureship series that focuses on child and family health. On November 30, 2004, the second-annual Marion McDowell Stafford Lectureship Series in Child and Family Health was held at the Bone Student Center at Illinois State University. Two lectures were offered, both relating to Attention Deficit Disorder/Attention Deficit Hyperactivity Disorder (ADD/ADHD).

ADD/ADHD lectures

The morning lecture, "A Snapshot of ADD/ADHD in School," was presented by Laura Furman, RN, B.S.N., M.Ed., NCSN, and Sue Mendez, RN, M.S.N., APN/CFNP. This continuing nursing educational activity, for three contact hours, was approved by the Illinois Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Furman's

and Mendez's program focused on explaining foundational concepts requested to understand ADD/ADHD and current treatment modalities, along with case histories emphasizing a team approach for successful management of ADD/ADHD in the school setting.

The evening lecture, "ADHD—One Size Does Not Fit All," was presented by Dr. Stephen P. Trainor. Trainor informed participants about how other illnesses or problems (such as depression) that a child has, along with ADHD, affect what symptoms are seen

and how they need to be treated to achieve the best results for both problems.

Both events were free of charge and open to the community.

The 2004 events were funded in part by grants from the Alice and Fannie Fell Trust, the Illinois Prairie Community Foundation, and the Marion McDowell Stafford Charitable Trust Grant Program.

About the speakers

Laura Furman is a graduate of both Mennonite Hospital School of Nursing and Mennonite College of Nursing. Prior to entering school nursing she was a

certified inpatient OB nurse and then an occupational health nurse at BroMenn Regional Medical Center, where she was also a childbirth educator for 19 years. She has worked as an Illinois Type 73 certified school nurse for 17 years, first serving K-12 students in the Eureka School district, then K-8 students at Thomas Metcalf Laboratory School on the Illinois State campus. She has spent the past 11 years with elementary students in Unit 5 schools (Normal). In 2003 she completed a Master of Education in

school nursing at Cambridge College in Boston, and achieved National School Nurse Certification (NSCN). Her other community health interests include teaching CPR and parish nursing. Furman is a member of the Illinois and National Associations of School Nurses. In 2004 she received a NASN scholarship to teach "Managing Asthma Triggers" and was awarded a Beyond the Books Grant to teach fourth- and fifth-grade first-aid classes. As the mother of two sons diagnosed with ADHD in adulthood, Furman has witnessed the impact unmanaged ADD/ADHD can have on personal, social, academic, and occupational success.

Sue Mendez has been an instructional assistant professor with Mennonite College of Nursing at Illi-

nois State University since 2002, teaching in the undergraduate program. She also teaches pediatrics in the graduate nurse practitioner program. Mendez practices as a nurse practitioner at the Student Health Service at Illinois State University and OSF Prompt-Care. She was formerly employed by OSF St. Francis Medical Center as a family nurse practitioner for the in-school health clinics in Peoria's District 150. Prior to that, she was the clinical educator for behavioral health at BroMenn Regional Medical Center and a clinical instructor at Heartland Community College.

She was a staff nurse for many years in mental health services at BroMenn Regional Medical Center and was ANCC certified in psychiatric/mental health nursing (RN,C). Her early experiences in nursing were on

medical/surgical units at Carle Foundation Hospital and as a charge nurse at Champaign County Nursing Home in Urbana. She received her B.S.N. at the University of Illinois at Chicago and her M.S.N. at Mennonite College of Nursing. Mendez lives in Bloomington with her husband and two teenage sons.

Dr. Stephen Trainor has been a pediatrician for the Pediatrics and Adolescent Medicine Office at Carle Clinic in Bloomington since 1985. He serves as a clinical instructor at the Department of Pediatrics and Adolescent Medicine at the University of Illinois College of Medicine at Urbana-Champaign, and also serves as a clinical instructor for Midwestern University physician assistant students in pediatrics. He received his medical degree from the University of Illinois College of Medicine at Peoria in 1981. From 1981-84, he did his pediatrics residency at Children's Mercy Hospital in Kansas City, Missouri. Trainor's medical and research interests include neonatal medicine, infectious diseases, and ADD/ADHD. His interest in ADHD began when one of his daughters was diagnosed with ADHD and has continued as more patients have come looking for help with different treatment options. Trainor is a member of American Academy of Pediatrics, American Medical Association, CHADD, and McLean County Medical Society.

For more information, or to be put on the mailing list for the Marion McDowell Stafford Lectureship Series in Child and Family Health, please contact Amy Irving at (309) 438-7418 or amirvin@ilstu.edu.

2005 candidates for Baccalaureate of Science in Nursing (B.S.N.) degree continued

Penny Small
Keri Smith
Megan Steffen
Faith Stone
Tracy Styx
Angela Sutter
Christine Swiatek
Nicole Sylvester
Kimberly Taylor
Lindsay Unsicker
Trudy Vogel
Patricia Waller
Devon Weidner
Grace Wiemeler
Dyanna Winton
Lisa Woltzen
Kathleen Zicarelli
Mary Zippe

RN candidates

Suzanne Baldwin
Julie Flex
Amy Hepner
Ella Heras
Laura Hodgson
Julie Hogue
Candy Johnson
Cherie Koch
Ramey Lovelady
Jana Petty
Amber Schmidt
Mindi Slayton
Catherine Troyer
Jennifer Walker

2005 candidates for Family Nurse Practitioner (FNP) master's degree

Elizabeth Atchason
Michelle Bertke
Michele Cheever
Emily Crebo
Mary Kathleen Davis
Jennifer Grubaugh
Deanne Pfeiffer

2005 candidates for Family Nursing Systems Administration (NSA) master's degree

Patricia Conte
Teresa Gulley



Speakers Sue Mendez and Laura Furman



Speaker Dr. Stephen Trainor

E-mail address request

Advances in technology have brought changes to the way many organizations do business, including Illinois State University. E-mail is becoming an increasingly popular way for the University to communicate with its 150,000+ alumni, as it is an efficient way to distribute timely information, is a cost savings when able to replace the expenses of printing and postage, and is a preferred method of communication for many alumni.

To be sure the University has your e-mail address, update your information online at www.illinoisstate.onlinecommunity.com/updateuserinfo.htm.

If you could see us now! BroMenn Healthcare grows and changes with thriving community

By Diana Cristy, M.B.A. '99

If you haven't visited Bloomington-Normal lately, you may not recognize the exterior that BroMenn Healthcare now presents along Normal's Main Street. To more effectively serve the changing needs of its surrounding communities, BroMenn Healthcare is changing, too—and working to be known as the most responsive and accessible health care provider in Central Illinois.

Many communities surrounding BroMenn have experienced rapid population growth in recent years, and today enjoy a thriving economy. Along with this, demand is growing for high-quality health care services close to home. BroMenn's 2,000 staff members are working together to preserve a small community atmosphere while providing big-city medical services.

Several major facility enhancements opened in phases recently. The Emergency Services' area doubled in size to accommodate a growing volume of visits (currently 35,000 per year). BroMenn Heart Center became a reality, enhancing cardiac services capabilities and adding a Cardiovascular Care Unit with a universal room design. A dedicated Neuroscience Specialty Unit and graduate medical residency program set the stage for higher levels of teamwork and learning; over 1,000 neurosurgical and neuromedical cases came to BroMenn last year from throughout Illinois.

What you can see from the outside is secondary to what's going on inside BroMenn. With excellent

care and outstanding caring as the focus, an emphasis on clinical quality and nursing services is visible every day. BroMenn leaders are working to assure that BroMenn's high quality of care continues in the future by cultivating an environment where nurses can fully use their skills and be recognized for what they do.

BroMenn nurses are more involved than ever in continuing education and decisions that impact patient care and services. They work within a shared governance structure to support nurse involvement and decision-making. BroMenn sponsors a Journal Club to enhance nurses' ability to make decisions at the bedside based on research and best practices. Many nurses also participate in the Clinical Ladder professional development program. It encourages continuing education, contributions to the nursing profession and community, and involvement in clinical quality and patient satisfaction improvement projects.

BroMenn's partnership with Illinois State University continues to thrive. It brings a beneficial connection with the higher education community, and learning opportunities for experienced and student nurses. BroMenn's recent donation to create Illinois State's first-ever endowed university professorship further increases collaboration opportunities.

Further investments in a revitalized main campus and empowering nursing are just a part of plans for the future. You can pay a visit, either in person or through the BroMenn Web site. Be sure to explore the "virtual tour" of the newest facilities within the site at www.bromenn.org.

Diana Cristy is employed with BroMenn Communications. You can reach her at (309) 268-2438 or dcristy@bromenn.org.



Mennonite College of Nursing is proud to have outstanding organizations as part of the MCN advisory board. Current members include BroMenn Healthcare, Carle Hospital, Heritage Manor, Memorial Medical Center, OSF St. Joseph Medical Center, and St. John's Hospital.

BroMenn's partnership with Illinois State University continues to thrive. It brings a beneficial connection with the higher education community, and learning opportunities for experienced and student nurses. BroMenn's recent donation to create Illinois State's first-ever endowed university professorship further increases collaboration opportunities.

Student notes

Wendy Burk, Jaime Cash, Karen Dsouza, and Becky Masino worked with Professor Denise Wilson at the Alzheimer's Association's 4th Annual Spring Gala at The Den at Fox Creek on April 9, 2005. They were able to meet Representative Dan Brady, who also attended this event.



Brenda Recchia Jeffers and Amy Green

Amy Green presented her poster, "Exploring the Experience of Moral Distress in Long-term Care," at the 2005 Midwest Nursing Research 29th Annual Research Conference in Cincinnati, Ohio.

Green became interested in the topic of moral distress as a sophomore student while enrolled in a health care ethics course taught through the college. Green has worked with faculty mentor, Brenda Recchia Jeffers, Ph.D., RN, over the past year to design and carry out the study. Moral distress is experienced by health care professionals when they feel they are unable to carry out ethical actions due to perceived environmental obstacles present in health care settings. The experience of moral distress can lead to suffering by health care providers and has been identified by acute care nurses as a reason they have left the profession of nursing.

Jennifer Leigh, graduate student in the Family Nurse Practitioner sequence, has been elected to the board of directors for the Illinois Society of Advanced Practice Nurses (ISAPN). This organization represents nurse practitioners, clinical nurse specialists, certified nurse midwives, and certified nurse anesthetists.

Carly Lindenmeyer, junior prelicensure student, is president of the Panhellenic Council at Illinois State University. The National Panhellenic Council is the governing body that oversees all 26 National Panhellenic Council Sororities.

Graduate students from FNP IV, along with their instructor Denise Wilson, Ph.D., performed 28 physicals at Irving Elementary School and 32 physicals at Sheridan Elementary School.

Student Nurses Association Officers for 2005-06

President: Colleen Schaidle
Vice President: Jennifer Stouffer
Secretary: Mary Braunschweig
Treasurer: Rebecca Spencer

"Boxtops for education" drive for Irving Elementary School continues

Have you been cutting out "boxtops for education," but just don't know what to do with them?

Since December of 2002, faculty, staff, students, alums, and the community have contributed over 1,800 "boxtops for education" to Irving Elementary School in Bloomington. Proceeds from the "boxtops for education" drive will be used to purchase much-needed equipment, such as computers, according to Mary Kay Scharf, principal of Irving Elementary School.

If you have been saving these boxtops, and would like to donate them, please send them to Mennonite College of Nursing, Attention: Boxtops for Education, Campus Box 5810, Normal, IL 61790-5810. Your support is appreciated!

Alumni notes

1943

We are sorry to report that **Doris (Brownlee) Beetzel** passed away on April 4, 2005. Our sympathies go to her family and friends.

1949

Our sympathies go to the family and friends of **Catherine (Rhoads) Ernst**, who passed away on March 6, 2005.

1950

Our sympathies go to the family and friends of **Evelyn (Lawrence) Heiser**, who passed away on April 17, 2005.

1952

We are sorry to report **Joan Oglesby** passed away on February 21, 2005. Our sympathies go to her family and friends.

1962

Our sympathies go to the family and friends of **Dee Ann (George) Fowler**, who passed away on May 8, 2005.



1975

As members of the Class of 1975 prepare for their upcoming 30th reunion of graduating from MHSN, they couldn't help but notice that there is an uncanny resemblance among them! Left to right: **Joyce (Yoder) Bisbee, Elaine (Tronc) Merritt, and Faye (Struebing) Wickliffe**

1981

Lori (Van Natta) Grosse currently works as a staff RN in the antepartum unit of Clear Lake Regional Medical Center in Webster, Texas. She has started her own business called PRN Medical Record Investigations, and is looking forward to a new career as an independent legal nurse consultant. Lori and her husband, Ed, have three children—one in college, one in high school, and one in junior high. They enjoy living in a suburb south of Houston called Friendswood. Be sure to read more about Lori's business in the "Where are they now?" section of this issue!

1986 and 2001

Jan Weber '86, M.S.N. '01, is the first graduate to have the research that she conducted while finishing her degree requirements published: Campbell, S.L., Fowles, E.R., & Weber, B.J. (2004). "Organizational structure and job satisfaction in public health nursing." *Public Health Nursing*, 21, 564-571.

1993

Diane (Pszonka) Warpehoski welcomed her second daughter, Caylee Marie, on December 16, 2004. Her first daughter, Alyssa, is two years old. Diane is employed at Northwest Community Hospital in Arlington Heights.

1994

Matthew Strack married **Tara Benningfield** on September 18, 2004. Other Illinois State graduates in attendance included **Brad Melton, Robert Jorgesen, James Haake, Matthew Flessner, and Eric Motsinger**. The couple works for World Health Staffing, Travel Nurse, and are currently employed as travel nurses in California.

1995

Kari (Zarwell) Lampat gave birth to son Seth Fredrick on November 19, 2004. Seth was welcomed home by big brother Luke, age 4. Kari works in gynecology surgery at Mayo Clinic in Rochester, Minnesota.

1997 and 2001

Susan Catt '97, M.S.N. '01, completed her first year of medical school at the University of Illinois College of Medicine at Urbana-Champaign and will be returning to the UICOM Peoria campus for her second, third, and fourth years.

1998

Kimberly (Yaeger) Heinisch gave birth to daughter Addison Kathleen on July 12, 2004. Addison was welcomed home by surviving triplet siblings, Cole and Morgan, ages 2 1/2. Kim is an RN on labor and delivery at Kishwaukee Community Hospital in DeKalb.

Teri Hicks received an M.S. degree from Northern Illinois University in May of 2003. In August of 2004, she became a nursing professor at Concordia University in Mequon, Wisconsin, and teaches community health in the B.S.N. program.

2001

Tara (Turner) Ragsdale gave birth to her first child, Logan Matthew, on October 8, 2004. Tara is employed as an ICU RN at BroMenn Regional Medical Center in Bloomington.

2002

Angela Difinis, M.S.N. '02, gave birth to Gabriel Giuseppe on December 26, 2004. Angela is back to work after a 12-week maternity leave. She currently works at the Frances Nelson Community Health Center in Champaign.

Lori (Stoller) Gibbs married Christopher Gibbs, M.D., on September 25, 2004. They recently moved to Palo Alto, California, and Lori is working at the Stanford Medical Center in the med/surg/trauma ICU. Her husband, Christopher, is doing a Gastroenterology Fellowship at Stanford.

2003

Melissa (Schoenrock) Pahnke and husband, Michael, welcomed their first child, Ashleigh Anne, on December 27, 2004. Melissa presently works at OSF St. Francis in the cardio-thoracic step down unit. She works the weekend option so she can be a stay-at-home mom.

Where are they now? Lori Grosse '81

Opportunities abound for nurse entrepreneurs

By Lori Grosse, RN, CLNC

Nurses today have the best of both worlds. We can opt for steady but varied employment within small businesses, large corporations, and non-profit organizations alike. For those of us who have "been there and done that," there is the walk on the wild side: nurse entrepreneurship. If your comfort level falls somewhere between these two extremes, maintaining part-time employment status while also being self employed is another option.

Being a nurse entrepreneur means taking your nursing knowledge, skills, interests, and passions and putting them to work directly for yourself in an independent business. Along with the freedom and autonomy that accompanies this decision comes full financial responsibility for the success or failure of the business. While this can be intimidating, I believe that the advantages of nurse entrepreneurship outweigh the disadvantages.

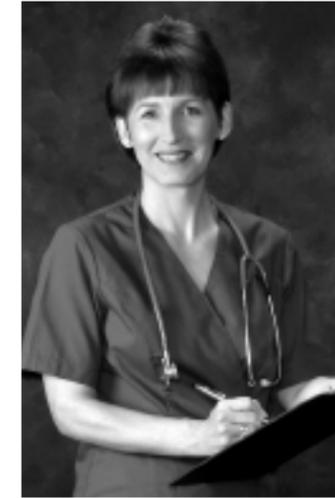
There are tax benefits to owning a business, and with proper guidance and support, nurses make great business managers. Creating a flexible schedule is a bonus, one that I find essential with a busy family. Many nurse entrepreneurs make more money in their businesses than they can make as employees, while

others enjoy earning the same amount of money working fewer hours with less physical stress. While some RNs appreciate being employed and having someone else call the shots, many of us thrive on being the decision-makers in our own businesses.

Entrepreneurs assume total control and personally receive the benefits of their good judgment, creativity, and innovation.

If starting a nurse-based business interests you, take inventory of your skills, think outside the box, and start planning for success. Opportunities in education include providing CEU seminars, teaching CPR, and freelance writing for magazines. Direct patient services such as wound care and diabetic foot-care management, IV therapy, hemodialysis, and massage or healing touch therapy are options that will interest some colleagues. Consulting alternatives such as a forensic nursing, life care planning, medical transcription services, and claims filing will appeal to others.

For myself, legal nurse consulting suits me perfectly. I am thoroughly enjoying learning the ropes of this new and exciting career field. The nursing process and many skills I developed as a bedside nurse are now utilized to assist attorneys, either plaintiff or defense, in the pursuit of justice in medical and legal issues. You, too, can find your niche as a nurse entrepreneur. Accept the challenge and go for your dream!



If starting a nurse-based business interests you, take inventory of your skills, think outside the box, and start planning for success. You, too, can find your niche as a nurse entrepreneur.

Lori Grosse, RN, CLNC

Progress notes

We welcome updates from alumni for *The Flame* publication. We want to know about your activities, career news, family news, and other significant activities (weddings, births, honors and awards, promotions, changes in employment, personal accomplishments). Thank you for sharing your news with other alumni. Please fill out this form and return it so your news will be published in the next issue. Mail to Illinois State University, Mennonite College of Nursing, Campus Box 5810, Normal, IL 61790-5810, or e-mail to amirvin@ilstu.edu.

| | | | |
|-----------------------------|-----------------------------|-------|-----|
| NAME | MAIDEN NAME (IF APPLICABLE) | | |
| DATE | CLASS YEAR | | |
| MAILING ADDRESS | CITY | STATE | ZIP |
| TELEPHONE | E-MAIL | | |
| PRESENT OCCUPATION/EMPLOYER | | | |
| NEWS/COMMENTS | | | |

From the Director of Development

Many thanks to those of you who affirmed the importance of excellence in nursing through a gift to the Mennonite College of Nursing during Illinois State University's first comprehensive campaign! As many of you know, the University exceeded its goal of raising \$88 million. This is a tremendous vote of confidence by alumni, friends, and corporate and foundation partners of Illinois State during a difficult political and economic time.

There are several common questions people ask me with regard to the campaign for Illinois State. The first question usually is, "Did anyone give to the Mennonite College of Nursing?" You bet! Over \$3 million in gifts and expected gifts to the campaign were designated to the Mennonite College of Nursing. Isn't that wonderful?

The next question usually is, "How is the college spending all of this money?" The answer is simple—the way the donor has asked us to spend it.

The first endowed professorship at Illinois State was established, the BroMenn Endowed Professorship. Several scholarship funds were created to honor special family members who are alumni, or special faculty members and administrators who have contributed to the excellence of our nursing programs. Other donors established scholarships simply because they believe that Mennonite College of Nursing continues to educate outstanding nurses that we will all need. All of our funds are "open funds," which means that additional gifts may be made to those funds at any time.

Another common question is, "Where are these funds?" Most are invested very carefully by our foundation. A portion of the proceeds are made available each year based on the investment returns. The larger the fund, the greater the ongoing annual impact it will have on nursing education.

Finally, our campaign gift total reflects both gifts received and gifts that others plan to give us, through their estates or pledges. This issue of *The Flame* highlights one such gift from a very generous and special alumna, Lois Kaufmann. Lois knows that her bequest will be an important gift, one that she wouldn't feel comfortable making during her lifetime. She knows that this gift will have a positive impact on Mennonite's ability to educate "the preferred graduate" for many years to come!

If you have questions regarding an existing fund, or you would like to create a new fund at the Mennonite College of Nursing at Illinois State University, I would be happy to answer any of your questions. Thank you for your continued support.

Jenny Ward
Telephone: (309) 438-7178
E-mail: jward@ilstu.edu



Jenny Ward

Mennonite College of Nursing Donor Roll

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*Deceased

Faculty and staff updates

Accomplishments

Harriet Werley New Investigator Recipient Caroline Mallory, Ph.D., RN

Professor Mallory received the Harriet Werley New Investigator Award from Midwest Nursing Research Society (MNRS). This award was presented to her at the MNRS conference in Cincinnati, Ohio, on April 10. The purpose of this award is to recognize the contributions of a new investigator who has conducted nursing research that has the potential to enhance the science and practice of nursing. She was nominated for this award by Eileen R. Fowles, Ph.D. The focus of Professor Mallory's research is aimed at reducing the risk of HIV infection among women who are marginalized by ethnicity or race, poverty, drug use, and trading sex. Her program includes exploratory and experimental research.



Sara Campbell, Ph.D., has been selected to receive the Outstanding College Researcher Award.

Dianne Clemens was the first recipient of the College Crowning Achievement Award. Dianne has fostered very positive relationships between faculty, students, and clinical agencies.

Mary Dyck, Ph.D., was appointed to associate graduate faculty status. She was also selected as a 2005-07 John A. Hartford Foundation Building Academic Geriatric Nursing Capacity Fellow.

Brenda Jeffers, Ph.D., and Rita Bailey, Ed.D. (Speech Pathology and Audiology), are the recipients of a Pfizer grant, which will fund a visiting professor, Sara Kagan, Ph.D., RN, to teach and visit campus for three days in March 2006. Professor Kagan conducts clinical research with older adults with head and neck cancer. MCN serves as the host for this grant.

Susan Kossman, Ph.D., received a one-year postdoctoral Bollinger fellowship from the University of Wisconsin-Madison to assess, develop, and study online education interventions for patients undergoing total joint replacement.

Pam Lindsey was accepted into the AACN/Helene Fuld Academic Leadership Program.

Caroline Mallory, Ph.D., received the University Research Initiative Award. This award recognized faculty members who have initiated a promising research agenda early in their academic careers.

Wendie Medina, Ph.D., will serve as a reviewer for the Rehabilitation Nurses Foundation Research Proposals.

Janeen Mollenhauer was promoted to associate director, Undergraduate Programs.

Tenna Webb was promoted to secretary IV.

Presentations and posters

Cathi Kaesberg presented "Writing and Coding of NCLEX Questions" and "NCLEX Success: Empower Your Students to Answer What is Being Asked and to Use What They Know" at the Mosby's Faculty Development Institute 2005, "Nursing Education Today: A Proactive Journey," held January 4-6, 2005, in Las Vegas.

Wendie Medina presented her poster, "Development of an Observational Tool to Identify GERD in At Risk Older Adults with Mental (Intellectual) Disabilities," at Memorial Medical Center's April 2005 Evidence Based Practice Conference.

Nancy Ridenour, Ph.D., presented "Securing Nursing's Financial Future: Role of Faculty and Graduate Students" at the American Association of Colleges of Nursing Master's Education Conference, held February 17-19, 2005, in San Diego.

Publications

Sara Campbell, "Conceptual Model of Attractiveness as a Factor Influencing Quality of Care and Outcomes of Residents in Nursing Home Settings." *Advances in Nursing Science*, 28 (2), 2005.

Mary Dyck, "Evidence-based Administrative Guideline: Quality Improvement in Nursing Homes." *Journal of Gerontological Nursing*, February 2005.

Eileen R. Fowles, "Prenatal Nutrition and Birth Outcomes." *JOGNN (Journal of Obstetric, Gynecologic, and Neonatal Nursing)*, 33, 809-822, 2004.

Brenda Recchia Jeffers, "Research Environments that Promote Integrity." *Nursing Research*, 54 (1), 63-70, January/February 2005. Note: This is the first article published by a faculty member at MCN in this prestigious journal!

Welcome new staff

Joanne DeRoeck was hired as a college secretary, and started her appointment in December of 2004. She will serve as the main receptionist for the college, and will provide secretarial support for faculty.

Save the date!

Homecoming: Saturday, October 8, 2005

Plan to join us for the following events:

10:30-11:30 a.m.

Homecoming parade

Illinois State University campus

Noon-2:30 p.m.

Homecoming luncheon

Awards ceremony

Reunion class photos

Holiday Inn, 8 Traders Circle, Normal

3 p.m.

Tours of Edwards Hall

If you need hotel accommodations for Friday and/or Saturday, we have reserved a block of rooms at the Holiday Inn Hotel and Conference Center at a special rate of \$77.50 per night. Please call (309) 452-8300 and ask for the "Mennonite College of Nursing Rate." This special rate will expire on Tuesday, September 20, 2005. The Homecoming registration brochure will be mailed out late August/early September.



Nomination form

Distinguished Alumni Award Young Alumni Award MNAO Service Award

| | | | |
|---|-------|--------------------|--------|
| NOMINEE'S NAME | | YEAR OF GRADUATION | |
| PROFESSIONAL BACKGROUND AND ACCOMPLISHMENTS | | | |
| REASONS YOU SUPPORT THIS NOMINEE | | | |
| YOUR NAME | | | |
| MAILING ADDRESS | | | |
| CITY | STATE | ZIP | E-MAIL |

Attach an additional sheet of paper if necessary. Return nominations to Illinois State University, Mennonite College of Nursing, Campus Box 5810, Normal, IL 61790-5810